

# Federal Policy Outlook Driving the Direction of Healthcare

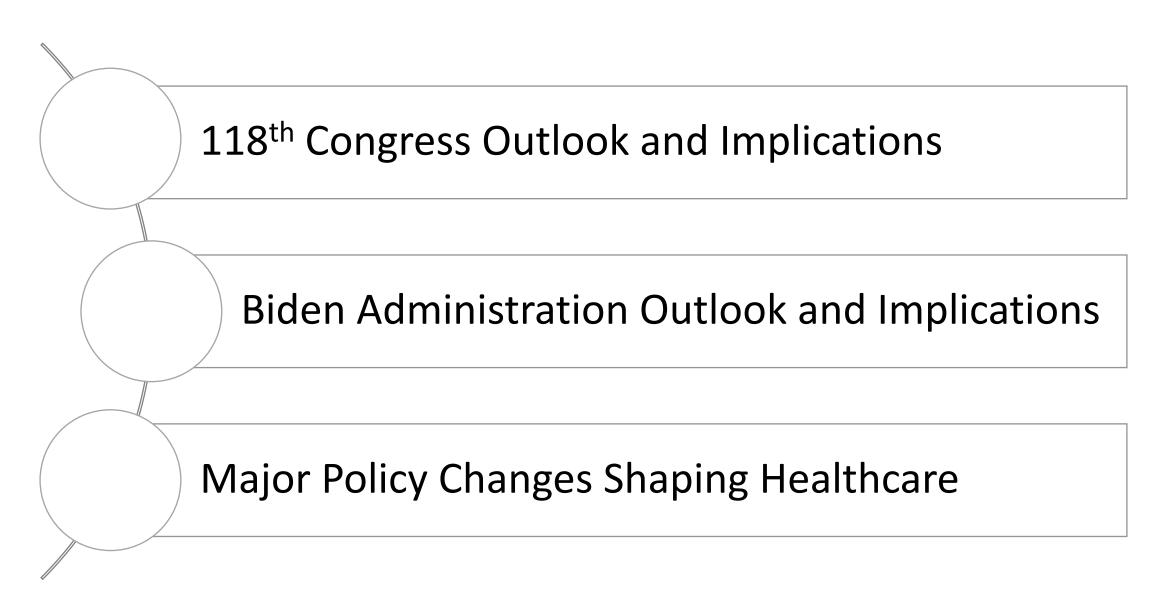
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Senior Executive Advisor

### Forward-looking Guidance!!

- Healthcare is so valued by Americans and infused with government policy that change is slow and cautious
- We are undergoing the most transformative time ever in our healthcare system
- Markets are unique and complex, so trends are uneven
- Unlike most other segments of our economy, serious threats to healthcare access and quality will inspire major political/public opposition
- Healthcare is one of the US's best and fastest growing economic sectors
- The pandemic's impact, accelerating digital health, insurer wealth, wellness, and disruption...
- Washington is a different language, so stop me!

### **Agenda**



### Philosophical and Political Perspectives



#### **REPUBLICANS**

**Private Insurance** 

Cost

State Control

**Control Entitlements** 

Catastrophic Coverage & HSAs

**Personal Responsibility** 

**Lower Taxes** 

Medical Malpractice Reform

Lean Physician & Insurer

Voluntary

**Private Market Disrupts** 



#### **DEMOCRATS**

Public and Regulated Private Insurance

**Coverage Access** 

Federal Control and Uniformity

**Protect Entitlements** 

Comprehensive Coverage

Support the Poor

**Higher Taxes** 

Oppose Medical Malpractice Reform

Lean Hospital

Mandatory

Medicare/Medicaid Disrupts

### **Philosophical and Political Perspectives**



#### REPUBLICANS



#### **DEMOCRATS**

Private Insurance

Public and Regulated Private Insurance

Coverage Access

This constitutes the range of opinions, but change is gradual, and every Presidential election shifts the center point.

LOWEL Taxes

Medical Malpractice Reform

Lean Physician & Insurer

Voluntary

Private Market Disrupts

Higher Taxes

Oppose Medical Malpractice Reform

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Medicare/Medicaid Disrupts

### Remember What is Bipartisan in Healthcare?



• Expand health coverage access and affordability. Bipartisan steps include:



Shift public risk to private entities who can manage to a budget (TCC)



Move from FFS to Value & Accountability



 Consumer Access to Price and Quality Insights (transparency) and support measures that matter, including SDoH



 Consumer, payer and provider access to interoperable EHR and claims data and advance automation

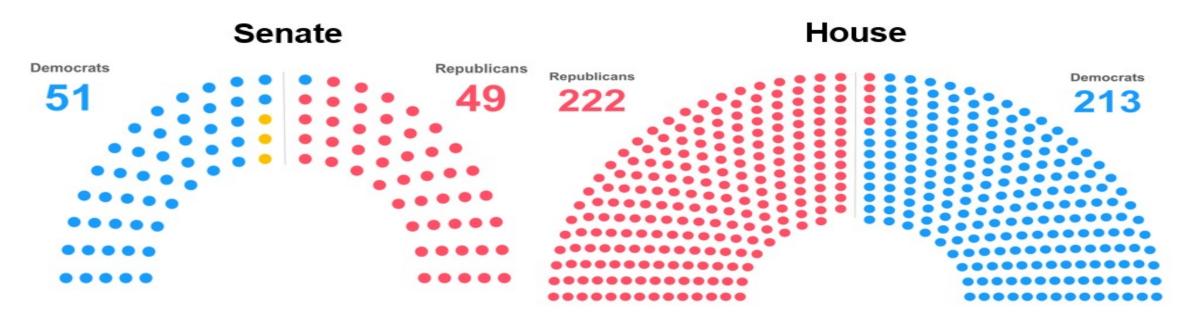


Secure a Competitive American Supply Chain



Promote Competition to Drive Down Costs

### The Divided 118th Congress

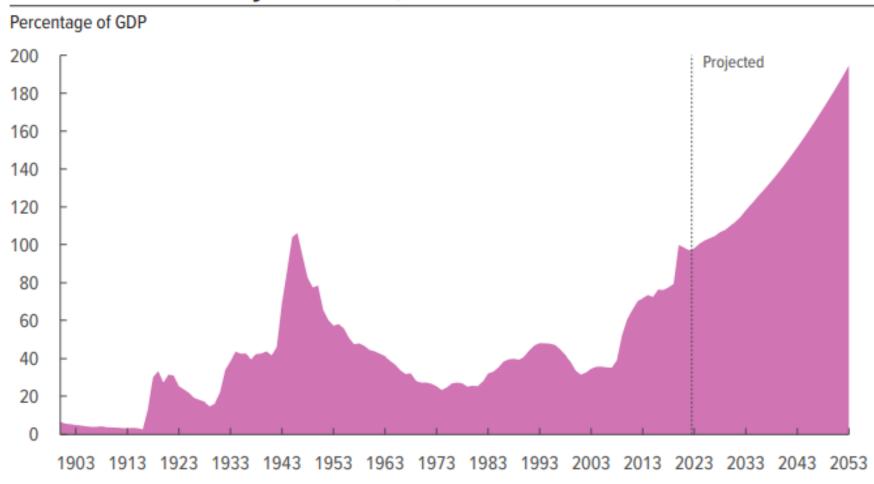


New Senators				
AL – Katie Britt (R)	OH – J.D. Vance (R)	<b>PA</b> – John Fetterman (D)		
MO – Eric Schmitt (R)	OK – Markwayne Mullin (R)	<b>VT</b> – Peter Welch (D)		
NC – Tedd Budd (R)				

Notes: Yellow circle in Senate graphic reflects three independents who align with Democrats.

### **Driving the Central Republican Narrative**

#### Federal Debt Held by the Public, 1900 to 2053



Federal debt held by
the public is projected
to increase in each year
of the projection period
and to reach 118 percent
of GDP in 2033—higher
than it has ever been.
In the two decades that
follow, growing deficits
are projected to push
federal debt higher still, to
195 percent of GDP in 2053.

Data source: Congressional Budget Office. See www.cbo.gov/publication/58848#data.

### **Driving the Central Republican Narrative**

#### Federal Debt Held by the Public, 1900 to 2053



#### Fiscal Responsibility Act

- Freezes FY 2024 domestic spending and 1% increase in FY 2025
  - Rescinds \$28 billion in COVID funding
- Congress must pass all 12 appropriations bills by 1/1/2024, or 1% nondefense/non-veterans discretionary spending cut
  - Will pressure appropriations; No healthcare cuts included

### 2023 & 2024 Key Congressional Deadlines

Date	Event				
Sept. 30	End of Fiscal Year 2023				
	Shutdown possible; PAHPA (pandemic preparedness) reauthorization.				
Oct. 1	Scheduled Hospital Medicaid Disproportionate Share Hospitals (DSH) cuts (\$8 billion in FY 2024)				
1/1/2024	O24 Selected provider cuts/expiration of payments:				
	• 3.5% Alternative Payment Model (APMs such as ACOs) incentive payments end; current enhanced physician payment drops from 2.5% to 1.5%; blended Medicare Payment Rates for DMEPOS in certain areas.				
1/1/2025	Additional program expirations: 4% PAYGO cut; Telehealth and Hospital in Home; Physician enhanced payment ends; debt limit will be reached again; all likely addressed in "2024 Lame Duck" session; EOY end of enhanced exchange subsidies.				

### 2023 & 2024 Key Congressional Deadlines

Date

**Event** 

#### **Outlook for 118th Congress**

- PHE end means exchanges will expand with new Medicaid re-determined recipients. 2025 future of enhanced subsidies uncertain.
- Hospital's risks are outpatient clinics site neutral payment, 3.5% APM bonus, DSH, payment cliff in 2025.
  - While changes are likely before 2025, telehealth and "hospital in home" are here to stay.
    - Up to 1-year expanded Medicaid maternal post-partum coverage here to stay.
  - Most likely modest, bipartisan healthcare legislation in 118<sup>th</sup> Congress: workforce, PBM transparency, pricing transparency, pandemic preparedness, and behavioral health/SUD reforms.
    - Republican oversight and investigations on COVID, 340B, PBMs, opioid crisis and mental health.
      - Less government action/uncertainty = more private sector action.

### 2023 & 2024 Key Congressional Deadlines

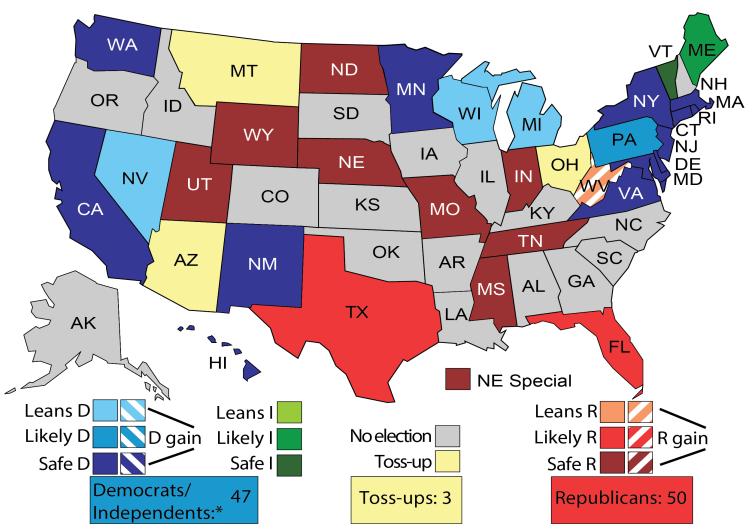
Date	Event
April 1	Start of Medicaid Redeterminations: <u>Redeterminations Support Materials</u>

#### **Biden Administration Regulatory Outlook**

- Use administrative authority. Focus on healthcare, environment, equity & differentiation.
- Healthcare agenda: coverage expansion, health equity/SDoH, value-based care, data-access.
- Implement 117<sup>th</sup> Congressional reforms (drug pricing, infrastructure, exchange subsidies, maternal).
  - Oversight of and levying of hospital/payer price transparency penalties.
  - Aggressive FTC challenges to healthcare consolidation, including non-compete contracts.
  - Reining in MA bad practices: network adequacy, marketing, HCC abuse, prior—authorization.
    - Advance automating prior authorization.

<del>-, -, -0</del>	riadicional program expiracions. The trial of cat, referred the mospital in theme,
	Physician Payment cut. Likely addressed in "2024 Lame Duck" session.

### On Everyone's Mind: 2024 Election will Shift Focus & Decisions



Notes: \*Angus King (I-ME) and Bernie Sanders (I-VT) caucus with the Democrats in the Senate, so their seats are counted in the Democratic column.

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# Party positioning for 2024 well underway

#### Contested Senate Seats:

- 20 Democrats
- 11 Republicans
- 3 Independent (AZ, ME, VT)

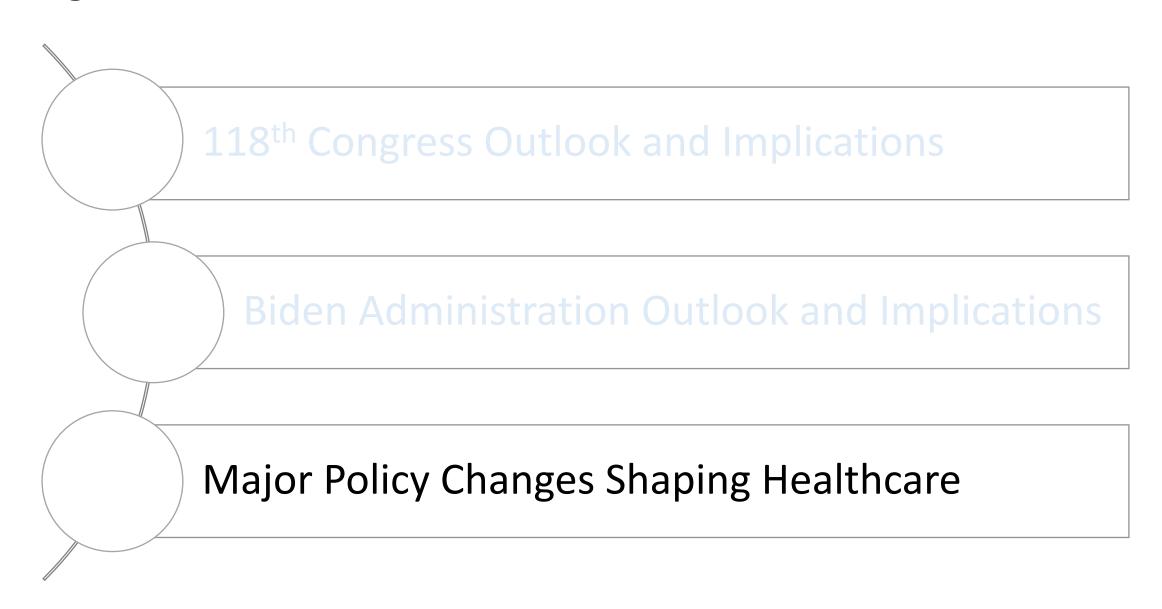
#### Open Senate Seats:

- Ds Feinstein (CA); Stabenow
   (MI)
- Rs Braun (IN)

#### Running/Vulnerable:

Manchin (WV); Brown (OH);
 Tester (MT); Sinema (AZ)

### **Agenda**



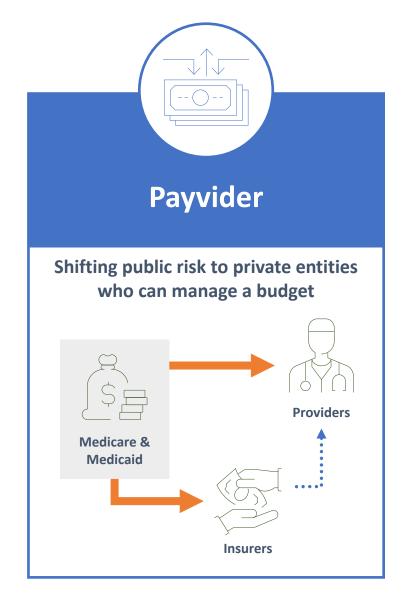
### **Major Policy Driven Trends that are in Motion**



# Movement from FFS to Value

Value-based care under Biden Administration

- ✓ Total cost of care models
- ✓ Apply equity lens
- ✓ Return to ACA vision Provider accountability
- Fewer models and scaled nationally
- ✓ Steps to discourage fee-for-service



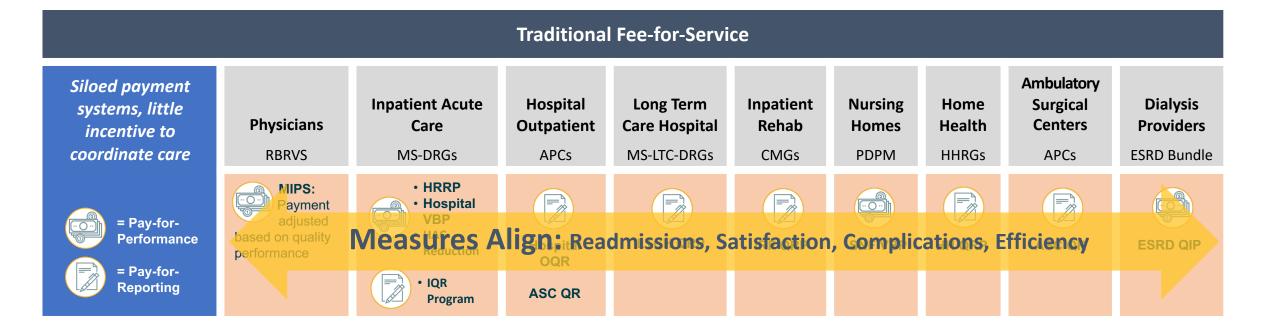


#### Consumerism

Driven by consumer and provider access to data

- ✓ Access to claims data for 150MM federal program enrollees
- ✓ Providers & EHR vendors accountable for "data blocking"
- ✓ Patient accessible data in EHRs and linking through TEFCA
- Transparency of payer and provider negotiated prices
- ✓ Publicly posted quality measures

### **ACA's Value-Based Purchasing Across Payment Silos**



## Increased accountability enables waivers from FFS regulations:

- SNF 3-day rule
- Gainsharing
- Telehealth
- Post-discharge home visits
- Eligible for 3.5% bonus and payment increase

### Biden's CMS/CMMI Vision and Strategic Objectives

100% Medicare Beneficiaries and Most Medicaid Recipients in Total Cost of Care Models by 2030





CENTER

REFRESH

Drive Accountable Care



All Medicare & most Medicaid beneficiaries in relationship accountable for quality and total cost of care

Advance Health Equity



Embed health equity in every aspect of models and increase focus on underserved populations

**Support Innovation** 



Leverage range of supports that enable acceleration of best practices and achievement of patient outcomes

Address Affordability



Pursue
strategies to
address health
care prices,
affordability, and
reduce
unnecessary or
duplicative care

Partner to
Achieve System
Transformation



Align priorities and policies across CMS and pursue multipayer alignment

### Biden's CMS/CMMI Vision and Strategic Objectives

100% Medicare Beneficiaries and Most Medicaid Recipients in Total Cost of Care Models by 2030

<u>Total Cost of Care</u> = the "Budget" granted to the risk takers, e.g., MA plans, ACOs, MCOs (Medicaid) and other value-based agreements -- Lump sum but based on FFS benchmarks. Incents driving for improved health and lower costs.

accountable for quality and total cost of care

increase focus on underserved populations

best practices and achievement of patient outcomes affordability, and reduce unnecessary or duplicative care

payer alignment

#### Total Cost of Care: Shifting Public Risk to Someone Accountable to a Budget



#### Medicare

Spending per beneficiary (2020: \$838B)





#### Medicaid

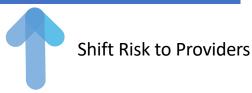
Spending per recipient (2020: \$671B)



#### **Providers**

**Traditional** Medicare ACOs, Bundled Payment, PCF

- **Innovative care delivery processes**
- Use data to understand total cost of care
- Multiple care access points
- **Clinical integration**
- **Organize community**
- Become or partner with an Insurer
- Eliminate variation & increase efficiency
- Partner with downstream providers



- Become a provider
- **Negotiate lower prices**
- Delay or challenge bill payment
- Incent retail provider (CVS) use
- Reduce expensive settings of care
- Use data to create preferred network
- Micromanage providers (UR, PPO...)
- **Organize physicians**



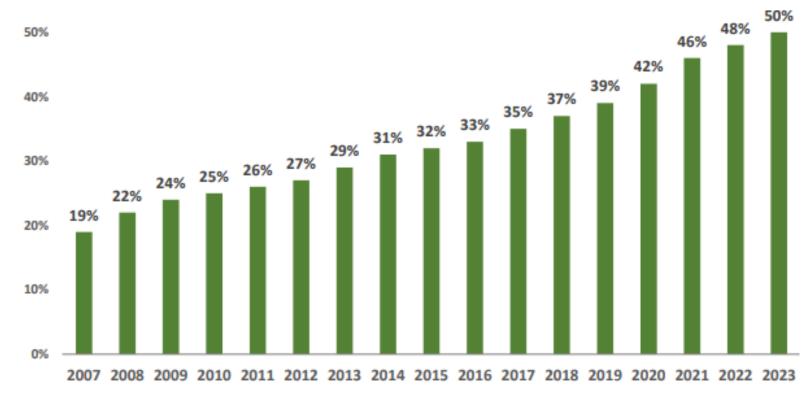
**Insurers** 

**Private MA**, Medicaid MCOs, Exchanges

### **Key Trend: Growing Medicare Advantage (MA) Enrollment**

Payvider Name	MA Market Share
United Healthcare (Optum)	27%
Humana	18%
Anthem + BCBS Plans	16%
CVS (Aetna)	11%
Kaiser Permanente	7%
Centene	4%
Cigna	2%

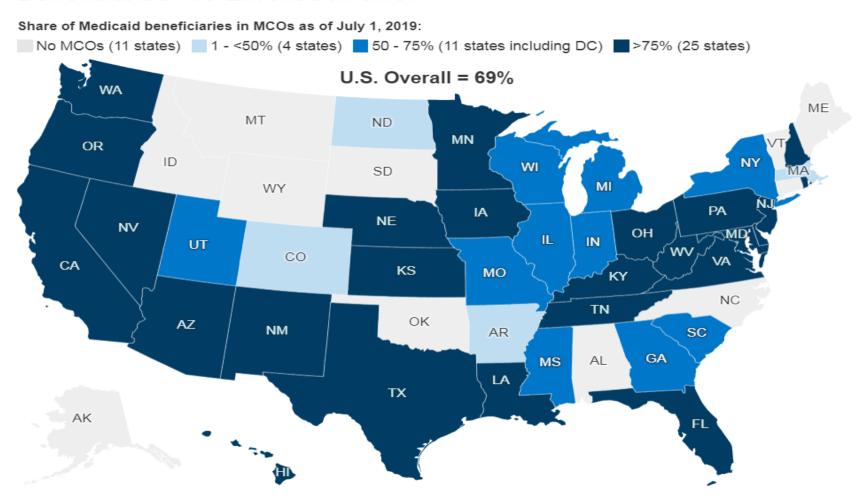
#### Medicare Advantage (MA) Growth 2007 - 2023



In 2022 Medicare Advantage grew by 7.1% to nearly 31.2 million beneficiaries and now covers more than 50% of Medicare population.

### 69% of Medicaid Recipients in Comprehensive Risk-Based MCOs

In Most States With Comprehensive MCOs, at Least 75% of Beneficiaries Are Enrolled in One.

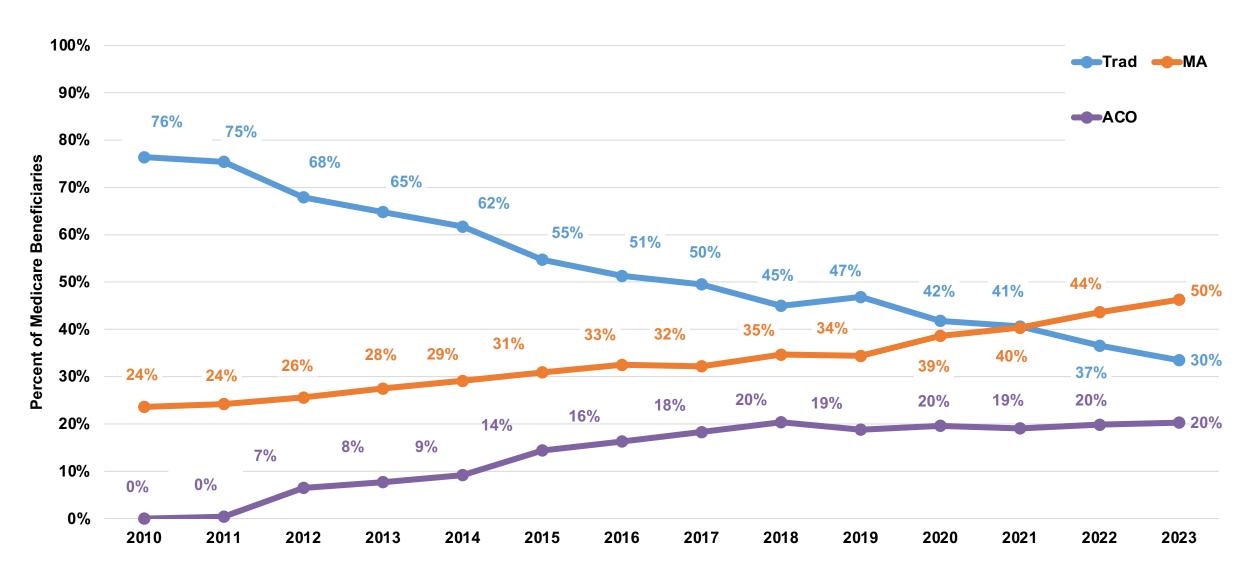


### **Key Reality: Growing MA and MCO Enrollment and Power**

#### **Outlook**

- MA Plan's *satisfied beneficiaries provide political power*. MA has >50% market share in 123 congressional districts and MA enrollment is > 40% in 30 states. **340 lawmakers signed a MA support letter**.
- States' Medicaid programs have become increasingly dependent on MCOs.
- Political power provides MA and MCOs policy protection.
- Underscores today's market competitive realities.
- CMS is seeking to incent Medicaid MCOs to move to value-based contracts.

## Trend: Fee for service Population health management



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Trad •

100%

#### **Realities and Implications**

- Steady movement from government micro-managed FFS payment to TCC models.
  - This is driving growth of MA, MCOs and Alternative Payment Models (APM).
    - Accountability in TCC is creating payviders.
    - Payviders/payers compete over attributed lives, not volume.
- TCC payment based on FFS benchmarks (for now), quality performance and patient risk (HCCs).
  - Social drivers of health will be factored into payment over time.
  - Primary care foundational with specialists following evidence-based medicine.
    - Consumers increasingly influenced by real-time quality & cost information.

### **Key Trend: "Payviders" – Vertical Integration & Care Delivery Innovation**

Hospital(s)	Payviders and disruptor partners are gaining nonacute market share						
Health Plan	<b>Cigna</b>	Élevance Health	CVS 🍑 aetna	<b>CENTENE</b> ° Corporation	Humana.	<b>∭</b> UnitedHealthcare	<b>Walmart &gt;¦&lt;</b> Insurance Servi
Pharmacy Benefit Manager	EXPRESS SCRIPTS'  accredo*  Specialty Pharmacy	Ingenio≈. ⊘ zipdrug	CAREMARK	envolve.	Humana Pharmacy Solutions. enclara HEALTHCARE	OPTUMRx*	Walmart + C
Retail Pharmacy			<b>♥CVS</b> pharmacy	<b>Walgreens</b> (Parthership)	Humana Pharmacy	divvyDOSE  gen©a  healthcare	<b>Walmart </b>
Primary care and population health	Cigna Medical Group.  ChenMed	CareMore  OAK STREET HEALTH HEALTH  Cano Health	Health HUB OAK STREET HEALTH VillageMD Aledade	Cano Health	FPG Family Physicians Group  -: one medical  ChenMed  Partners in Primary Care  evolent  HEALTH	OPTUM Care*  Medical Group  Cano Health	Walmart : Care Clinic
Specialists and specialty care		beacon signifyhealth.	signifyhealth.	Trouble to the second s	© CURO° HEALTH SERVICES	SCA Davita.  Surgical Corp. Aff Illans:  Medical Group	
Virtual care	MDLIVE Teladoc.	Aspire  CloseKnit  amwell	amwell' hazel		Able To	well Teladoc.	⊕ MeMD
Home-based care	alegis 🗳 care	myNEXUS ♦ signifyhealth.	Landmark Signifyhealth.		Kindred dispatch  Wheal signifyhealth	naviHealth 🔏 W Landmark	amedisys (Partnership)
Market Caps	~\$89B	~ \$490B ~ ~	140B ~\$	54B ~\$63B	~\$510B	~\$383B	

### **Key Trend: Health Systems Integrating Horizontally and Vertically**

Health System	Henry Ford HEALTH SYSTEM	<b>∌</b> Banner Health		Advent Health
Health Plan	Medicare Advantage Medicaid Individual plans Employer plans	Banner  Banner Medicare Advantage	Quartz Medicare Advantage HMO Blue Medicare Advocate Health HMO (BCBS cobrand)	Advent Health Advantage Plans Underwritten by Health First Commercial Plans
Hospitals	5 hospitals	30 hospitals	26 hospitals	46 hospitals
Primary Care and Physician Practices	1,200+ physicians in over 40 specialties in Henry Ford Medical Group	1,100+ physicians and Banner advanced Medical Group practitioners	10k employed physicians	Advent Health  Medical Group  2k+ physicians and other providers
Post- and other non-acute care	In-network (not owned) post- acute care	<ul><li></li></ul>	<ul> <li>Advocate Health at Home</li> <li>Advocate Hospice</li> <li>In network SNF care</li> </ul>	AdventHealth Care Centers (SNF and IRF)
Virtual care	<ul> <li>Henry Ford Virtual Care Kit (powered by TytoCare)</li> <li>Virtual visits facilitated by MyChart</li> </ul>	Banner Telehealth:     Primary care     Physical therapy     Cancer     Alzheimer's	<ul> <li>"Quick Care" visits 24/7</li> <li>Scheduled video visits with provider</li> <li>E-visits with 4-hour response time (self-pay)</li> </ul>	AdventHealth App:  Immediate Virtual Care  Scheduled primary and specialty care  Directory for "virtual providers"
Home-based care	<ul> <li>Private pay nursing, therapy</li> <li>Home infusion therapy</li> <li>Home health</li> <li>In-home hospice care</li> </ul>	<ul> <li>Home health (wound care, therapy)</li> <li>Home infusion therapy</li> <li>Diabetes education</li> </ul>	<ul> <li>Home health (wound care, therapy)</li> <li>Home infusion therapy</li> <li>Palliative care/hospice</li> </ul>	<ul> <li>Home health (therapy, etc.)</li> <li>Personal care</li> <li>Virtual House Calls</li> <li>Health coaches</li> </ul>

### **Key Trend: Disrupting Across Care Non-Acute Continuum**



### **Key Trend: Disrupting Across Care Non-Acute Continuum**

Dotail Clinica

Drives and Care

#### **Realities and Implications**

- Payviders seek risk mitigation and profit pools, including underserved populations.
  - Payviders responsible for a budget, so they aggressively police spending.
- Single purpose service line innovators are designing new risk-based models targeting cost centers to partner with or be acquired by payer/payviders.
  - Primary care disruptors taking full risk for risk-adjusted population cost.
  - Venture capital and innovators see big opportunities and an exit strategy.
- Payvider-savvy, integrated health systems potentially well-positioned with brand, community commitment, and relationships.
- Ongoing shifting sites of care: 26% of inpatient procedures moving to ASCs/outpatient; from doctors' office to retail and urgent care; from bricks and mortar to digital, and home care.
  - Risk assumption enables greater regulatory flexibility and innovation.

### Consumerism Also Driven by Patient and Provider Access to Data & Apps



#### e-Prior Authorization Proposed Rule

Would require certain payers (excludes most commercial plan) to use APIs to accept and send prior authorization requests



#### **Information Blocking Final Rule**

Requires providers, EHR vendors, **and HINS/HIEs to** share data – otherwise face penalties



#### **Pricing Transparency**

Hospitals and payers must post pricing information including in machine readable format. Both face penalties for failure to do so.



#### **CMS and ONC Patient Access Final Rules**

Payers and providers must give patients access to data through APIs



#### **Provider Access to CMS Claims Data**

Several CMS initiatives (e.g., Beneficiary Claims Data API; Data at Point of Care Pilot) aimed at improving access to claims



## Trusted Exchange Framework and Common Agreement (TEFCA)

Provides access to patients' records nationwide

- ✓ Reduces provider burden
- New opportunity for providers to negotiate with payers
- ✓ Empowers patients and capabilities will mature
- √ Can more readily exchange patient data
- ✓ Increased regulatory complexity and risk
- ✓ Empowers consumers with pricing information and there is continued evolution of publicly available quality information
- ✓ Provides patient access to clinical and claims data
- ✓ Increases patient empowerment, apps, consumerism
- **✓** Requires strategy to manage patient information
- √ More timely CMS data feeds (e.g., CCFL Files)
- ✓ Access to additional CMS data (e.g., Medicaid, MA)
- ✓ Nationwide network of HIEs, EHRs
- ✓ Complete picture of patient information

#### While Critical to Communities, Hospitals face Unprecedented Pressures

#### Closing Thoughts: Succeeding in Today's Evolving Marketplace:

- Leverage local market advantage against the national competitors.
- Depending on market structure, continually & thoughtfully disrupt yourself.
  - Expand your revenue base with ownership and partnerships.
- Assure an aligned and high functioning PCP network and manage keepage & leakage.
  - Outperform on quality, satisfaction and cost to be best payer partner or payvider.
    - Collaborate on evidence-based care, risk coding (HCCs), & care management.
      - Negotiate hard with payers (care management, shared savings, data...)
        - Delight and build relationships with each patient/attributed life.
          - Look outward. Learn and steal ideas from others.

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### Issues on People's Minds

- Vaccine mandate
- 340B
- Site neutral payment
- Workforce
- Pricing transparency
- Drug pricing reform
- Value-based care
- Automated prior authorization
- Post pandemic regulation